

MONTROSE ATHLETIC DEPARTMENT

50 High School Road, Montrose, Pennsylvania 18801-9507

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Joseph Gilhool (Athletic Director)

An Equal Opportunity Employer

New Procedure for Sport Physicals

1. Each athlete will have to initially complete the following to compete in a sport:

Section 1	Personal & Emergency Info	(Green Sheet)
Section 2	Certification of Parent / Guardian	(Green Sheet)
Section 3	Health History	(Grey Sheet)
Section 4	PIAA Comprehensive Initial Pre-Participation Physical Evaluation and Certification of Physician	(Grey Sheet)

2. If a student chooses to participate in a subsequent sport season (fall & winter or fall & spring), the athlete will have to complete Section 5 (Yellow Sheet)– PIAA Re-Certification by Parent / Guardian and be cleared to participate in that sport season from his/her parents or guardian. Parents should answer all information on the Supplemental Health History and the 9 questions on Section 5. If all 9 questions are answered NO, the athlete can participate in the sport of his/her choice as long as the form is filled out and is signed by the parent/guardian.

3. If an athlete is not cleared (if any of the 9 questions on Section 5 have a “YES” answer) after the initial physical in a subsequent sport season (fall & winter or fall & spring), the athlete will have to complete Section 6 (Yellow Sheet) – PIAA Comprehensive Pre-Participation Physical Re-Evaluation and Re-Certification by an Authorized Medical Examiner. To be eligible to participate the athlete needs to fill out the information on Section 5 and the doctor needs to fill out Section 6

4. If the athlete is a wrestler, Section 7 (Blue Sheet)– CIPPE Minimum Wrestling and Weight Classification must be completed, by an approved Assessor in order for the athlete to be eligible for the winter season.

5. As we are all aware athletic physical exams can become a difficult issue to communicate to athletes, parents, and physicians. Athletes and their parents do not always take advantage for the school-sponsored physical exams, which create a number of questions. Section 1-6 are located on the web site under Athletics. The forms are in the middle of the Athletic Page on the Montrose School District Website. These pages will not be color coded. If you have any questions, please call the athletic director @ 278-6204.

6.

Fall Physical Dates	Early June (2 dates)	August (1 date)
Winter Physical Dates	Early October (1 date)	
Spring Physical Dates	Late February (1 date)	

Exact Dates and Times will be posted on the website. All Physicals are on an appointment only basis. Please make arrangements with the Athletic Director.

