

## March 24 – May 14

Welcome to our second Spring term!

We begin as winter begins to wane in these northern mountains, as all of us look forward to getting out and around more easily and finding new interests and opportunities. The Montrose Area Adult School provides another 8 week term of courses to enrich and enhance your life and to explore new ventures in learning.

You can register through the mail on the forms in the back of this catalogue or, you can download the form on our new website [www.montroseadultschool.org](http://www.montroseadultschool.org) and send your check to Box 433 in Montrose, 18801. Register early! These courses fill up quickly and you will not want to end up on a waiting list.

We offer classes all day-long on Tuesdays and Thursdays and now provide weekend only courses on Saturdays. Our Tuesday evening classes are at Montrose Area High School; the others are located in and around the community.

With the economy faltering and futures less secure, we are dedicated to offering local, inexpensive opportunities to learn something new, to meet new friends and find new possibilities for your life. And, it's fun!

You can ask us questions or make suggestions anytime through our new email address: [info@adultschool.org](mailto:info@adultschool.org) or by calling 570-278-2006.

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## Spring Courses

### Thursdays

- 11:00 a.m. pg. 12 An Introduction to Reflexology (1 session)  
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- 1:30 p.m. pg. 12 Bridge for Absolute Beginners (8 sessions)
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Springs; 2 in the field on Saturdays)  
pg. 15 Funeral Planning (1 session)

### Saturdays

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(3/24) Estate Planning  
(4/4) Powers of Attorney; Health Care Proxies  
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(4/18) Long Term Care Options  
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## **TUESDAY**

9:00 a.m.

### **How to Make an Easter Pie**

Instructor: Philippa Follert, Master Piemaker

Create a special dessert for your Easter dinner. This is a two session hands-on class which will produce two pies:

Session 1: lemon meringue; Session 2: chiffon and cream

Bring to class 2 pie plates and your own rolling pin.

**Fee:** \$10.00 **Location:** 33 Lake Avenue, Montrose

**Dates:** Two sessions: March 31 and April 7

11:00 a.m.

### **How to Bake an Old Fashioned Loaf of Bread**

Instructor: Beverly Pasteka, Master Baker with Teresa Dauber

There is nothing so special as a homemade loaf of bread, nothing that smells quite so wonderful in your kitchen as bread baking in the oven. And it's easy! You do not need to buy a breadmaker or any other fancy equipment. You can bake healthy, nutritious bread very inexpensively of all sizes and shapes. Bring to class one loaf pan and a large mixing bowl. Session 1: Easter bobka bread; Session 2: Oatmeal yeast bread for everyday meals.

**Fee:** \$10.00 **Location:** 45 Lake Avenue, Montrose

**Dates:** Two sessions: March 24 and March 31

### **How to Naturally Dye Easter Eggs**

Instructor: Le June Ely, Local Resident

Le June remembers her grandmother dying Easter eggs with onion skins and decorating them with leaf prints. Come and discover the old-fashioned art of dying eggs and create beautiful and original decorations and gifts for your friends and family. Materials will be provided but bring a bag for take-homes.

**Fee:** \$5.00 **Location:** St. Paul's Community Room

**Date:** One session: April 7

## **TUESDAY**

1:30 p.m.

### **Hand Quilting for Beginners**

Instructor: Joan Webster, Long-time Quilter

If you want to learn how to hand-quilt and recover the traditional stitching skills of Pennsylvania women over generations of time, join this 8 session course and begin a small project of your own. Included in the class is patchwork cutting as well as sewing and quilting. Bring scissors and a thimble; you need access to a sewing machine but you do not have to bring one to class.

**Fee:** \$40.00 **Location:** Dreyer Hall, Locust and Lake Avenue

**Dates:** Eight sessions: March 24 to May 12

### **Beginning Drawing and Watercolors**

Instructor: Cindy Reynolds, Painter and Teacher

This is a class for beginners and will focus on some basic drawing techniques and watercolor painting. If you think you can't draw or paint, you will find that you can. If you have always wanted to dabble in paints, this is the class for you. Cindy's goal will be to spread the love of painting and the joy she receives from doing it as a hobby.

**Fee:** \$20.00. **Location:** St. Paul's Community Room **Limit:** 12 students.

**Dates:** Four sessions: March 24 and 31 and April 7 and 14

### **Watercolor Painting: Beyond Beginners**

Instructor: Cindy Reynolds, Painter and Teacher

This is a class for watercolor painters moving to the next step. Participants should have some experience with watercolors or have previously taken Beginning Drawing and Watercolors. Cindy will present additional watercolor techniques, give you time to paint and provide individual assistance.

**Fee:** \$15.00 **Location:** St. Paul's Community Room

**Dates:** Three sessions: April 28 and May 5 and 12 **Limit:** 12 students

## **TUESDAY**

4:00 p.m.

### **Ask the Contractor**

Instructor: Jack Taylor, Broadline Construction

Broadline Construction, Inc. has served the areas residential and light commercial building and remodeling needs of every size and type for 33 years. Jack Taylor, 2<sup>nd</sup> generation owner-manager is offering small group consultations covering building or remodeling problems/projects you may be dealing with or planning to undertake. If you register for this class, please provide a written description of the problem/project on the back of for registration form. You will receive a phone call to be scheduled into a small group consultation at the Broadline office, 6 Cherry St. in Montrose.

**Fee:** An amazing \$10.00!

**Possible dates:** March 24 or 31<sup>st</sup> or April 7.

5:00 p.m.

### **Sketching Outdoors**

Instructor: Rodrica Tilley, Painter

This class will be structured loosely with consideration to the particular participants' interests but may cover travel sketching, still-life, people and animals, perspective, plein air and gesture drawing. You will have fun, learn some new tricks, explore styles and materials and develop your skills. Bring a new sketchbook (5 by 8 or larger), a folding chair and pens, pencils or whatever you wish to draw with. All mediums and skill levels welcome. The lessons will build on (not duplicate) last fall's course but that course is not required for this one.

**Fee:** \$20.00

**Location:** various sites around Montrose. You will be notified of first meeting place.

**Four sessions:** April 21 and 28; May 5 and 12.

## **TUESDAY**

5:00 p.m.

### **Blogs and Blogging**

Instructor: Hilary Caws-Elwitt

Bloggging has become increasingly popular and is a great way to have your own website with a minimum of effort and cost. It's also a terrific outlet for sharing your opinions and improving your writing. Blogs can also be used to keep in touch with friends and family or even to give a business or organization a web presence. This hands-on class is designed for those with beginner to intermediate skills. You must be comfortable using a computer and have basic internet and word processing skills.

**Fee:** \$40.00 **Eight sessions:** March 24 – May 12

**Location:** Montrose Area High School

### **Conversational Spanish**

Instructor: Cheryl Arnold, High School Spanish Teacher

This course will help you develop a Spanish speaking vocabulary, improve your listening comprehension, build a useful vocabulary and develop fluency in Spanish. Increasingly we come in contact with Spanish-speakers either on the job or in social and travel situations. Take advantage of this 8 week opportunity to either improve your conversational Spanish or learn its basic requirements.

**Fee:** \$40.00 **Eight sessions:** March 24 – May 12

**Location:** Montrose Area High School

### **Microsoft Office, and More**

Instructor: Christopher Stevens, High School Tech Support Center

In this course, students will learn multiple tools to make your small business, your home office or your personal responsibilities more efficient and effective using MSWord and EXCEL spreadsheets.

Additionally, students will learn internet resources including Google Docs, getting a website, marketing and inventory management.

**Fee:** \$30.00; **Six Sessions:** March 24, 31, April 7 - 28.

**Location:** Montrose Area High School

## **TUESDAY**

6:00 p.m.

### **Golf for Beginners**

Instructor: Ed DeWitt, Golfer

This course is designed to introduce the student who has not played golf at all, or very little, to the basic fundamentals and rules of the game. Instruction will focus on the grip, stance, elements of the swing, and proper chipping and putting techniques. Modalities of instruction will include videos, swinging practice, hitting balls and playing lessons. Participants should bring with them clubs, balls and tees; if you need to borrow equipment, please indicate on the registration form.

**Fee:** \$40.00 for 8 sessions (may possibly require green fees)

**Location:** Montrose Country Club **Limit:** 8 students

7:00 p.m.

### **Basic Birding**

Instructor: Nancy Wottrich, Naturalist

Learn the basics and sharpen your skills for the Spring birding season. Four classroom sessions followed by 2 Saturday morning field trips to practice what you have learned. Focus will be on identification of common and confusing species by sight, song, behavior and habitat, bird family characteristics and local birds of prey. Also included will be a review of binoculars, field guides, internet reference sites and other learning tools as well as field research opportunities for the back-yard bird watcher.

Binoculars are required; field guides are helpful.

**Six sessions:** April 14, 21, 28 and May 5 (Saturdays: May 2 and 9 from 8:00 to 11:00 a.m.)

**Fee:** \$30.00

**Location:** Salt Springs

## **TUESDAY**

### **Basic Paranormal Investigating**

Instructor: Noel Short, Investigator

Do you believe in ghosts? Have you ever had a feeling that spirits were in your house? Learn the do's and don'ts on how to capture spirits on film and record their voices. You will learn the history, theories and equipment behind paranormal investigating from an experienced investigator. No experience required but come with an open mind. You will be surprised at what you learn. Last class in local cemetery.

**Fee:** \$30.00 **Six sessions:** March 24, 31, April 7, 14, 21 and 28.

**Location:** Montrose Area High School

### **Living Poetry**

Instructor: John Koloski, High School English Teacher

Celebrate April, National Poetry Month, with three evenings of poetry. Move from appreciation of poems to creation and presentation. Rediscover the poetic classics and masterpieces of Emily Dickinson, Walt Whitman, William Blake, T.S. Eliot and Billy Collins. See how to write "found poetry" and collaborative poems and discover new markets and audiences for your works. Bring paper, pen, pencil to class.

**Fee:** \$15.00 **Three sessions:** April 14, 21 and 28

**Location:** Montrose Area Adult School

### **Beginning Guitar**

Instructor: Larry Kelly, attorney and guitarist

This class will provide lots of fun and the opportunity to learn or practice basic chords and how to strum simple folk tunes. Students need to bring to class a 6-string guitar and a capo. Guitars are great ways to enjoy music and easier than a piano to carry around. No experience needed and all 'beginner' levels welcome.

**Fee:** \$30.00 **Eight sessions:** March 24 – April 28

**Location:** Montrose Area High School

## **TUESDAY**

### **Harvesting Health**

Instructor: Sue Abbott, Organic Gardener and Natural Food Advocate

Use fact-based knowledge to make intelligent choices for feeding yourself and your family. Highly processed food contains all sorts of additives that may be contributing to your weight, your health, and general wellness. Topics: The food industry's processing methods, the real nutritional content of what you buy and what it is costing you. In this current economic recession, get smart about feeding yourself and your family for less money and actually getting healthier. Requirements: a 2 inch binder for materials.

**Fee:** \$40.00 **Eight sessions:** March 24 to May 12

**Location:** Montrose Area High School

### **Beginning Papermaking**

Instructor: Jen Pawol, Papermaker and teacher

Here is a great opportunity to learn the ancient art of papermaking. Students will learn the various processes in papermaking and be introduced to fibers, additives and printing vocabulary. Additionally you will complete one quality art piece as well as try several experimental processes during the course.

**Fee:** \$30.00 **Six sessions:** March 24, 31, April 7, 14, 21 and 28

**Location:** Montrose Area Adult School

### **Flute Ensemble**

Instructor: Nancy Houck, Musician and teacher

If you learned to play the flute in high school OR have taken some lessons as an adult, this is a wonderful opportunity to play with a group, learn some new music and enjoy the opportunity of being with some amateur musicians who simply love good music. If you register for this course, you should be able to read music, have or can get a flute, and can play at an intermediate level.

**Fee:** \$40.00 **Eight sessions:** March 24 to May 12

**Location:** Montrose Area Adult School

## **TUESDAY**

### **Personal Finance**

Instructor: Judy Kelly, Adjunct Faculty Keystone College

This class is for anyone who wants to gain more control over their money and financial resources and to plan for the future. Knowing the current economic meltdown, it is an opportunity to reassess your individual credit indebtedness and project a more viable financial plan for the immediate and long-range future. If you don't have a budget, this course will help you create one as well as the personal discipline of spending within your means.

**Fee:** \$20.00 **Four sessions:** March 24 and 32; April 7 and 14.

**Location:** Montrose Area Adult School

### **Introduction to Sign Language**

Instructor: Leslie Hoal

Learn finger spelling and basic vocabulary with American Sign Language (ASL) concepts and become familiar with deaf culture. Sign language has many cross-cultural/cross lingual opportunities and is being practiced by an increasing number of professionals. Children of all ages can learn to 'sign' and so can you!

**Fee:** \$10.00 **Two sessions:** March 24 and 31

**Location:** Montrose Area High School

### **More About Herbs**

Instructor, Maddie Murray, Herbalist

Our first herb course in the fall dealt with medicinal uses of herbs and how to make salves, oils, tinctures and teas. This second section will cover body care (creams and hair products), insect repellents, herbs for pets (fleas and hot spots) and the all important challenge of designing an herb garden in your own backyard.

**Fee:** \$20.00 **Four sessions:** March 24, 31 and April 7 and 14.

**Location:** Montrose Area Adult School

**Note:** This course is repeated on Thursday mornings at St. Paul's.

## **THURSDAY**

11:00 a.m.

### **More About Herbs**

Repeated from Tuesday evenings

**Fee:** \$20.00 **Four sessions:** April 21 and 28; May 5 and 12

**Location:** St. Paul's Community Room

### **Legendary Ladies: Women Who Made History in NEPA**

**Presenter:** Dr. Josephine Dunn, University of Scranton

This single session course celebrates Women's History Month with a lecture and slideshow presented by Josephine Dunn who authored 65 biographies of northeastern Pennsylvania women for inclusion in the brochure "Legendary Ladies Making History in Pennsylvania" which was printed and distributed through the Pennsylvania Humanities Council. Come for the presentation at 11:00 a.m. and stay for lunch at the newly reopened Montrose House on South Main Street.

**Fee:** \$5.00 (lunch is on your own.)

**Date:** March 26: 11:00 to 1:00 p.m.

### **Introduction to Reflexology**

**Instructor:** Don Yates, Certified Reflexologist

An opportunity to learn first-hand the relatedness of your entire physical system. What hurts in your foot is tied to the rest of you through your neuromuscular system; what you think is an ache in one part of you can be traced to its origin.

**Fee:** \$5.00 **One session:** April 14

**Location:** St. Paul's Community Room

### **Growing Sprouts**

**Instructor:** Rena Scrogins, Sprouter

Sprout your veggies and have a garden throughout the year in your own kitchen. And they are portable...good for picnics, bike rides, boats and overnights.

## THURSDAY

### **Sprouts Con't.**

What you buy in the supermarket are not fresh and spoil much more quickly than what you can produce and, at the same time, save a lot of money. And they taste great! If you take this class you will learn a few easy steps to making/storing your own.

**Fee:** \$15.00 **Three sessions:** March 26, April 2 and 9

**Location:** St. Paul's Community Room

1:30 p.m.

### **Bridge for Absolute Beginners**

Instructor: Mary Poplawski, Bridge Teacher

If you have wanted to play bridge, but never had the time to learn the fundamentals, this is a great opportunity to start from the very beginning. Bridge is a wonderful social game; like chess, it also exercises your brain. You will learn how to count points, bid a hand and play a game. Join the increasing numbers of bridge players in America who, like Bill Gates and Warren Buffet, enjoy the challenge and competition of this card game.

**Fee:** \$20.00 **Four sessions:** March 19 and 26; April 2 and 9

**Location:** St. Paul's Community Room

4:00 p.m.

### **Open Rug Hooking**

Instructor: Kathleen Harwood, Rug Hooker

All 'Hookers' are invited to bring whatever project they are working on or want to start, for advice, inspiration or simply congenial company for hooking. Beginners are welcome but are limited in number to 4 and must speak to the instructor several weeks in advance of the class. This class follows the beginning rug hooking class that met during the fall term.

**Fee:** \$20.00 (Materials fee for beginners only: \$40.00)

**Four sessions:** April 23 and 30; May 7 and 14

**Location:** Dreyer Hall, Locust and Lake Avenue, Montrose

## THURSDAY

6:00 p.m.

### **Beginning Recorder**

Instructor: Nancy Houck, Musician and teacher

This is a weekly one-hour introduction to playing a Baroque recorder. No prior experience is needed and minimal skill with note reading or playing any instrument. This is an opportunity to gain basic performance skills as well as learn the musical history of the time period when recorders flourished; a recorder is needed for the first class; purchasing information will be provided to registrants.

**Fee:** \$40.00; **Eight sessions:** March 26 to May 14

**Location:** Lathrop Street School

7:00 p.m.

### **Continuing Recorder**

Instructor: Nancy Houck, Musician and teacher

This is a continuing class for those students who took the fall beginning course or for those who play the recorder and would enjoy a weekly session to improve performance skills and learn new music. If you have not played the recorder, but play another musical instrument, this class would easily accommodate your transition to the recorder. Come and have fun with this group of enthusiastic musicians!

**Fee:** \$40.00 **Eight sessions:** March 26 to May 14

**Location:** Lathrop Street School

### **Organic Vegetable Gardening**

Instructor: Leif Winter, Organic gardener (and musician)

This is the right season to plan now for a year-round crop of healthy, inexpensive vegetables on your own property. It is not that hard to harvest enough food for your family and enjoy the satisfaction of working with the soil. You will learn composting, planting, cultivating and harvesting crops that do well in this area's challenging climate. And don't think you need ten acres to garden! Any yard with sun can accommodate your vegetables.

**Fee:** \$40.00 **Eight sessions:** March 26 to May 14

**Location:** St. Paul's Church in Montrose

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## **THURSDAY**

### **Basic Sewing**

Instructor: Barbara Winter, Avid sewer

At one time we all knew how to sew; we sat with our grandmother as she stitched clothes and curtains, made pillows and cushions. And high schools taught home economics with a required introduction to the sewing machine. If you want to regain a skill or reintroduce yourself to the joys of sewing for both pleasure and its economical advantages, this class is for you. If you don't own a sewing machine, you can either borrow one for the class or contact the instructor about suggested models for purchase.

**Fee:** \$40.00 **Eight sessions:** March 26 to May 14

**Location:** St. Paul's Church in Montrose

7:00 p.m.

### **Photography for Amateurs**

Instructor: George Schreck, Published amateur

Tired of blurry, bland and boring photographs. Wanting to take better pictures with your digital camera? This course will help with both composition and basic techniques to produce outstanding nature photographs. Get ready for summer!

**Fee:** \$30.00 Six sessions beginning April 16. Note: Four classes (April 16, 23, 30 and May 7 are on Thursday evenings); Two classes are scheduled on Saturdays (to be arranged) for fieldwork.

**Location:** Salt Springs State Park

### **Funeral Planning**

Instructor: Daniel Regan

This session will discuss ways to prepare for the arrangement of funerals...what to think about, choices to make and options available. Note: This class is part of the 5 series course on Issues of Aging; the other 4 are scheduled on Saturday mornings.

**Fee:** \$5.00: **One session:** March 26

**Location:** Lathrop Street School

## SATURDAY

### Yoga: Two Workshops

Instructor, Erin Fitzgerald, Licensed Iyengar instructor for 15 years in NYC; now resides in Ithaca, NY.

March 28: 10:30 to 12:00 noon All levels welcome

#### *Iyengar Yoga for Back Care*

Do you suffer from lower back pain, kyphosis, scoliosis, Stoop shoulders, or neck pain? People complain more about back pain and injure their backs more than any other part of the body. Iyengar is a style of yoga that specifically addresses students' physical ailments by adjusting the yoga asanas (poses) to best suit each individual's needs. Using specific yoga props and instructions, back pain can be alleviated; strength and flexibility result as well. In this workshop you will learn poses to take home to practice on your own. Wear comfortable clothing and shoes/socks you can take off in class. If you have a yoga mat, bring it to class.

**Fee:** \$10.00;

**Location:** St. Paul's Community Room

April 4: 10:30 to 12:00 noon 1 year prior yoga experience recommended

#### *Deepening Your Yoga Practice: An Experience in Iyengar Yoga*

Iyengar yoga is often referred to as 'meditation in action'. The Iyengar style specializes in providing students with detailed instructions as they go through the active yoga asanas (poses). The Iyengar approach is perfect for those familiar with yoga, but unsure of how to deepen their practice, to go further safely without physical strain. While improving balance, building muscular strength and flexibility, you will gain a knowledge of poses to continue doing at home. Bring questions to share in class. Wear comfortable clothes and bare feet and a yoga mat; this will be an active class.

**Fee:** \$10.00;

**Location:** St. Paul's Community Room

## **SATURDAY**

### **Issues of Aging: Coffee Talks at 9:00 a.m.**

#### ***Estate Planning:***

**Date:** March 28

Instructor: Robert Hollister, Attorney

Basic overview of estate planning techniques; discussion of wills, gifts, and the role of trusts in inheritance tax consequences. Personal questions welcome.

#### ***Powers of Attorney and Health Care Proxies:***

**Date:** April 4

Instructor: Robert Hollister, Attorney

General overview of powers of attorney and health care directives.

#### ***Services Available to Older Citizens Including Long Term Care:***

**Date:** April 11

Instructors: Staff from Area Agency on Aging

Discussion on the role of the Area Agency on Aging (AAA), the services they provide and how to access AAA services and assistance to family caregivers.

#### ***Medicare D Prescription Plans/Medicare/Supplemental Insurance:***

**Date:** April 18

Instructors: Staff from Area Agency on Aging

Discussion will include overview of Medicare, its D Prescription Plan and what is available in Medicare Supplemental.

## **SATURDAY**

### **Jin Shin Jyutsu: the Art of Healing Touch**

Instructor: Susan Peters, Jin Shin Jyutsu Practitioner

April 18: 10:30 to 1:00 p.m.

This workshop will teach the basic techniques of Jin Shin Jyutsu which can be used to alleviate everyday challenges such as headache, earache, sinuses, bruises and insect stings. Additionally you will learn how to improve your own (and family member's) circulation, increase your energy and even reduce the effects of jet lag.

**Fee:** \$10.00; **Location:** St. Paul's Community Room

### **The Basics of Skeet/Trap Shooting**

Instructor: Donald von-Bartheld, Avid shooter

Six Sessions: March 28, April 4, 11, 18, 25, May 2: 1:00 to 4:00 p.m.

If you are looking for a new opportunity to learn an outdoor sport that has great potential in Northeast Pennsylvania (actually all around the world), you may want to consider learning how to skeet and trap shoot at the local Central Conservation Club in South Montrose. You will learn safe gun handling, 'breaking clay birds' and the ultimate goal for the course is to break '25 straight'. All levels welcome but this is basically for first-timers or novices at the sport. You will need: 100 rounds of 12 gauge sporting clays ammunition and eye/ear protection. Students who register will be contacted by the instructor before the first class.

**Fee:** \$30.00 (plus \$3.00 per round of 25 birds)

**Location:** Central Conservation Club (directions will be supplied).

### **Antique House Tour**

The Addison House (B/B) on May 2<sup>nd</sup>

Three tours on one Saturday: Select one: 11:00; 1:00 or 3:00 p.m.

The Addison House on Route 267, Choconut, was built in 1811 and has received the Historic Preservation Association Award for Outstanding Restoration. The house is beautifully decorated with Victorian and Empire antiques. Three narrated tours by the current owner will be offered.

**Fee:** \$5.00. **Location:** Choconut (Directions will be mailed).

## **SATURDAY**

### **Canning**

Instructors: Kathy Taylor and Lisa Caterson

One session: May 9: 8:30-Noon

Never done any canning before? Remember all those jars your grandmother used to put up and away every year? Here is a way to take advantage of local produce or your own garden and have chemical-free food available all year. You will save money and reduce your grocery bill. Learn the basics from two long-time local canners who will demonstrate the most reliable methods and provide practical instructions and materials for getting started.

**Fee:** \$10.00 **Location:** 45 Lake Avenue Home Kitchen

### **Nutrition: Weight Loss and Weight Gain**

Instructor: Ruth English, R.D.

April 25 and March 2: 10:30 to 12:00 noon

The first session (Weight Loss) will discuss nutritional guides for safe, long-lasting weight loss, the various programs available, the role of exercise, why obesity is a critical health issue and what you can do about it. The second session (Weight Gain) is the challenge of putting on weight when it underweight is a health issue. How to gain weight without eating much more food, high caloric, high protein beverages and the relation between weight loss and chronic disease will be discussed.

**Fee:** \$10.00 for both; \$5.00 for a single session

**Location:** St. Paul's Community Room

### **Homemade Winemaking**

Instructors: Lisa Caterson and Steve Castrogiovanni, amateur winemakers

One session: April 4: 9 to 1:00 p.m.

Interested in learning techniques and methods of homemade wine making? Join local wine makers to learn the basic steps using local fruits, vegetables and berries, how to get started, different suppliers of winemaking products and recipes.

**Fee:** \$10.00:

**Location:** 4 Lower South Main Street in Montrose

## **SATURDAY**

### **How to Naturally Dye Easter Eggs**

Instructor: Le June Ely, Local Resident  
Repeated from Tuesday Morning

**Fee:** \$5.00 **Location:**

**Date:** One session: April 7, 10:30-Noon

### **Matting and Framing**

Instructor: Cindy Reynolds, Painter and Teacher

This is a class will present the basics of matting your photographs or art work. A demonstration will show how to measure and cut the mat using a mat cutter. Suggestions of equipment and materials will be a part of the class.

**Fee:** \$10.00; **Location:** St. Paul's Community Room

**Date:** April 4: 1:00 p.m. to 4:30 p.m.

### **Spring Hawk Watch at Derby Hill**

Instructor, Nancy Wottrich, Naturalist and Educator

April 18 (Rain date: April 25): 8:00 a.m. to 6:00 p.m.

Onondaga Audubon's Derby Hill, located on the southeastern corner of Lake Ontario in Oswego County, NY is one of the premier hawk watches in the northeastern United States. Hawk counts at the site were started in the early 60's and since 1979 have been conducted every year in a standardized way. On average 40,000 raptors are counted each spring as they migrate northwards making this site one of the best spring sites in the country. This trip will carpool from the Price Chopper parking lot in Montrose; passengers will help with fuel expenses.

Required materials:

binoculars; field guide is helpful.

**Fee:** \$10.00 plus shared gas

## Registration Information

All registrations must be accompanied by a check or money order made out to The Montrose Area Adult School. Our mailing address is:

P.O. Box 433  
Montrose, PA 18801

Catalogues are available at the main library in Montrose, in branch libraries in the county and in many area businesses. If you would like a copy mailed to your address, call Mary Lee Fitzgerald (278-3452) or email [marylee@epix.net](mailto:marylee@epix.net).

Class enrollment is strictly on a first-come, first-served basis. Some have a size limitation at the request of the instructor. If the class is full when you enroll, you will be placed on a waiting list and advised if/when space becomes available. If we cannot accommodate your request, your check will be returned. Cancellations will be honored with a full refund if you cancel before March 15.

If the Montrose Area School District cancels because of inclement weather or some other emergency, the adult school will also close. Check our website at [www.montroseadultschool.org](http://www.montroseadultschool.org) if you are uncertain. If weather for an outdoor class requires a postponement, the instructor will be in touch with you.

All students will receive a written confirmation of their registration prior to the first day of class. Please double-check the date your class begins!

The Montrose Area Adult School  
**Registration Form**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Classes in Which You Want to Enroll:

1. \_\_\_\_\_

Fee: \_\_\_\_\_

2. \_\_\_\_\_

Fee: \_\_\_\_\_

3. \_\_\_\_\_

Fee: \_\_\_\_\_

Total enclosed: \_\_\_\_\_

**Mail to: The Montrose Area Adult School, Box 433, 18801**

Class I'm enrolled in at  
The Montrose Area Adult School

Class Name: \_\_\_\_\_

Instructor: \_\_\_\_\_

Location: \_\_\_\_\_

# of sessions: \_\_\_\_\_ Start Date: \_\_\_\_\_

Materials needed: \_\_\_\_\_



Class Name: \_\_\_\_\_

Instructor: \_\_\_\_\_

Location: \_\_\_\_\_

# of sessions: \_\_\_\_\_ Start Date: \_\_\_\_\_

Materials needed: \_\_\_\_\_



Class Name: \_\_\_\_\_

Instructor: \_\_\_\_\_

Location: \_\_\_\_\_

# of sessions: \_\_\_\_\_ Start Date: \_\_\_\_\_

Materials needed: \_\_\_\_\_